

## Worksite of the Month: April 2007

### Mercer Elementary School- Mercer County

Mercer Elementary has been in the pathways program since 2002. The worksite coordinator and administrator are motivational in making sure everyone is aware of the advantages the pathways program has to offer. The entire staff supports the program and has tripled their health screen participation goal for the past two years by making sure spouses and retirees are invited. They also participate in behavior change programs through out the entire year. In 2006 they received a grant to aid their site in promoting a healthy lifestyle. They not only promote wellness to their staff but to everyone involved at the school. The PTO did healthy cookbook ideas and at the annual Halloween Party they offered no candy and gave items such as pencils, play dough, and healthy snakes. Mercer Elementary makes the pathways to wellness program part of their schools routine by demonstrating healthy living all year.

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