



## Worksite of the Month: April 2009

### Ceres Elementary (Mercer County)

Ceres Elementary makes the Pathways to Wellness Program part of their working routine by demonstrating healthy living all year. The worksite coordinator Jane Strickland is instrumental in making sure everyone is aware of the advantages the Pathways Program has to offer. So does the principal Mary Terry and school secretary Donna Calvert who has both participated for many years in the program. Jane is a huge fan of the Dance Dance Revolution pads and games and uses them in her Physical Education classes. Ceres has had successful health screenings and does a great job of incorporating others such as family members and off site employees to attend. Ceres has completed the Chug-a-Jug program and is now working on the Tone Zone program. They also are doing a weight challenge with other schools. I enjoy seeing their smiling faces every time I walk in the building. Keep up the great work.

