



Worksite of the Month: December 2009

Musselman Middle School – Berkeley County

Musselman Middle School met the goal of having 50% of their staff attend their annual health screen this year. They also completed the Stepping Stones Lifestyle Change Program with a 91% success rate, and are currently enjoying the Weigh To Go Program over the holiday season. They will also start another lifestyle change program after the New Year. The Worksite Coordinator, Karen Ash, works hard to gain the interest and participation of the staff for the various wellness programs offered at this site by soliciting door prizes and rewards from local businesses. She really goes the extra mile to make the wellness program at her worksite not only successful, but fun. Karen is a dedicated, self-starter when it comes to filing annual reports, and following through with any paperwork required by the Pathways to Wellness Program. Karen is a joy to work with on any project.

