



## **Worksite of the Month: January 2009**

### **William R. Sharpe Jr. Hospital**

William R. Sharpe Jr. Hospital had well over 200 participants attend their annual health screening this past year in October. They also have 130 employees signed up to begin a lifestyle change program (Stepping Stones) to kick off the New Year. The worksite coordinator, Becky Berlin, has done a terrific job promoting wellness at Sharpe Hospital. She did an excellent job at organizing and promoting the annual health screen. She utilizes a bulletin board to display various healthy lifestyle articles and also has submitted several articles about the wellness program in the hospital's employee newsletter. Becky works hard to promote the Pathways to Wellness program at Sharpe Hospital.



*Pictured Right to Left: Terry Small, Becky Berlin, Eric Smith*

