



## Worksite of the Month: January 2010

### Glenville State College

Glenville State College has been a participating worksite in the Pathways to Wellness Program for over five years now. Each year they have had a good turnout of people attend their annual health screening which is held usually in the spring. They always implement at least two lifestyle change programs per year. This past year they completed the *Stepping Stones* and the *Weigh to Go* programs respectively. Their worksite coordinator, Julia Barr, has done a terrific job of promoting wellness at Glenville State and furthering the Pathways to Wellness Program there.

