

Worksite of the Month: March 2007

#### Jefferson Elementary Center

Jefferson Elementary Center has been a very active worksite in regards to their wellness initiatives and programs. They have already completed Huddle Up for Health and have developed a program where employees may purchase fresh fruit. They have begun the Stress Management Program and a school-based health program at the facility. Also, they are working on a version of the Biggest Loser program sponsored by the local Health Dept. The worksite always has a good turnout at their annual health screen. This worksite's success in wellness is credited to the worksite coordinator Rosemary Scott, RN, a past worksite coordinator of the year recipient, and Principal Edward Alfred. By the efforts of these two individuals Jefferson Elementary Center has become a leader in wellness in Wood County.

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