



Worksite of the Month: March 2011

Milton Elementary

Worksite Coordinator: Jodie Miller

This worksite has great participation at the health screens and the lifestyle change program each year. Jodie goes above and beyond to make sure the staff participates in several wellness activities throughout the year. They even competed against each other in the school's *Biggest Loser* contest for prizes. Jodie is a Zumba instructor and a perfect example of good health and wellness who promotes health and well being not only to her staff, but everyone she comes in contact with.

