



Worksite of the Month: May 2008

WV Department of Environmental Protection Fayette County

The Fayette County office of the WV DEP has been a Pathways worksite since 2002. Not only do they fulfill their annual requirements of a health screen and lifestyle change program, but they make healthy lifestyles a priority in their daily lives. Their Coordinator, Karon Workman, has created a fitness area in the office to make it convenient for the employees to get active as well as reduce stress. Through the diligent work of Mrs. Workman of promoting the health screens many of the staff have discovered health conditions that would have gone unnoticed and untreated if they had not attended the screening. Mrs. Workman maintains a “Healthy Lifestyles” bulletin board where she features different health related topics every month. They were chosen to be part of the CPR Friends and Family pilot program and have completed two additional programs throughout the year. The support of the administration and hard work from the Coordinator at the WV DEP Fayette County office is positively impacting the health of the employees at that site. Their positive attitude and motivation to change unfavorable habits are making this office a healthier place. All these reasons and more have made the DEP in Fayette County Worksite of the Month for the Southeast Central Region. Thank you for efforts and keep up the good work!!

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